

## **An Introduction to Autism – Half Day (3 Hours)**

### **Overview**

This short course will offer a detailed overview of this complex and fascinating subject and is perfectly suited for those people new to supporting individuals on the autism spectrum.

The course will explain what autism is – this will include a brief history, alongside dismantling some of the popular myths and misconceptions around the condition. Our trainer will also look at the diagnostic criteria, to help you understand some of the differences found in people on the autism spectrum. The course will also briefly cover the sensory experiences of people on the autism spectrum, as well as how they process information and think differently.

Our experienced trainer has nearly 20 years' experience working as a specialist in the field of autism and behaviours of concern and will welcome questions and offer supportive strategies throughout the course.

### **Learning Outcomes**

At the end of this course attendees will:

- Know about autism spectrum conditions.
  - Understand about sensory differences.
  - Know that people on the autism spectrum think differently.
  - Be able to use supportive strategies.
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